

# CHILDHOOD EXANTHEMS

Rash Buzzwords				
Rash	Location	Appearance	Symptoms	Length
<b>Measles</b>	Starts on the face, behind the ears, spreads caudally	Blanching	Cough, coryza, conjunctivitis, Koplik spots, fever, malaise, generalized lymphadenopathy	~5 Days
<b>Scarlet Fever</b>	Starts on the neck, spreads to head and caudally	Blanching, sandpaper like	Pastia lines, strawberry tongue, pharyngitis, high fever with sudden onset	~2-4 weeks
<b>Fifth Disease</b>	Starts on face, spreads to trunk and extremities	"Slapped cheek", lace-like, reticular, worse after sun/heat exposure	Arthritis	~1 week
<b>Roseola</b>	Starts on trunk and spreads distally	Blanching, Nagayama spots	High fever - rash develops after it subsides	~hours-3 days
<b>Chickenpox</b>	Starts on face, trunk, and proximal limbs; spreads to palms, soles and mucous membranes	Vesicular and crusted papules at different stages, "Starry Sky"	Pruritus	~1 week
<b>Rubella</b>	Starts behind the ears, spreads to trunk and extremities	Blanching, Forchheimer sign	Sub-occipital and pre-auricular lymphadenopathy	~3 days
<b>Hand, foot, and mouth disease</b>	On the hands, feet, and face, rarely generalizes	Tender macules, vesicles	Stomatitis, fever	~4 days
<p style="text-align: center;"><b>Helpful Resources</b></p> <p>Rashes on different skin tones: <u><a href="#">Journal of the American Academy of Dermatology</a></u>  User-submitted photos of rashes on different skin tones: <u><a href="#">Brown Skin Matters</a></u>  Most common pediatric diagnoses: <u><a href="#">Harriet Lane Handbook</a></u></p>				